



SEKTOR: PHYSICAL EXERCISING OR JOGGING IN SELECTED NATURE RESERVES

Dikemaskini pada 11.01.2021

Merangkumi

- Physical exercising or jogging in:
 - Sama Jaya Nature Reserve, Kuching
 - Bukit Lima Nature Reserve, Sibu
 - Tun Ahmad Zaidi Nature Reserve, Sibu
 - Piasau Nature Reserve, Miri
 - Bukit Sembiling Nature Reserve, Limbang

Aktiviti Tidak Dibenarkan

- Guided or unguided ecotourism tours.
- Trekking outside authorised trails.
- Touching, disturbing or feeding wildlife.
- Religious, social functions, seminar, workshop, training, course, or exhibition
- Picnicking and children playground recreational activities.

Arahan Tetap

- All visitors' name and contact numbers must be recorded.
- Must comply to the provisions of the National Parks & Nature Reserves Ordinance, 1998 and its Regulations, 1999.
- Comply to the orders by KKM, MKN and SDMC.

Waktu Dibenarkan

8 hours

Waktu Operasi

7 am – 6 pm

Kapasiti

50 %

Aktiviti & Protokol

Tindakan

- Enforcing the social distancing practice, and visitor's personal hygiene.
- Strict compliance to the provisions of the National Parks & Nature Reserves Ordinance 1998, and its Regulations, 1999.
- Limiting number of visitors when entering nature reserve at any one time.

Penerangan Ringkas

- Strict compliance to SOP of KKM, such as physical distancing of at least 1 meter apart, wearing of face mask (where necessary), body temperature check, and thorough hand-washing.
- Visitors are required to obtain admission card before entry.
- Recording visitor's names and contact numbers at visitor's counter to facilitate the visitor contact tracing.
- Enforcing the law in controlling unauthorized entry of visitors into nature reserves, in close proximity to, disturb, feeding or touching wildlife.
- Taking legal actions of those who violated the National Parks & Nature Reserves Ordinance 1998 and its Regulations, and Controller's order.
- Enter into and exit from nature reserve via one authorised entrance.
- Where applicable, visitors are to follow a one-way direction when using the trail.
- Not more than 10 pax per group, with a maximum of **100 pax**, depending on the discretion of a park warden, are permitted to access the nature reserve at any one time.
- Open to all ages, while children below 13 years old must be accompanied by their parent or family member.
- Opening hours: (a) 7.00 - 10.00 am, and (b) 2.00 – 6.00pm**
- Closing hours: 10.00 am – 2.00pm**